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**A Place to Belong: Supporting Neurodiversity and Mental Health in Your Library**

**eCourse Syllabus**

July 11 - July 15

**Week One: What is Mental Health?**

* Introductions
* Explaining Mental Health to Teens
* The “Take a Deep Breath” Club

July 18 - July 22

**Week Two: What is Neurodiversity?**

* Terms and Definitions
* The Intersection of Neurodiversity and Mental Health
* How to Improve Autistic Mental Health

July 25 - July 28

**Week Three: Why Stories Matter**

* Mirrors, Windows, and Sliding Glass Doors
* Accurate and Respectful Representations of Neurodiversity and Mental Health

August 1 - August 5

**Week Four: Programming and Other Considerations**

* Race, LGBTQ Status, and Other Intersections
* What You Can Do in Your Library