

US MENTAL HEALTH RESOURCES

American Psychiatric Association (APA)

<https://www.psychiatry.org/>

The American Psychiatric Association is an organization of psychiatrists working together to ensure humane care and effective treatment for all persons with mental illness, including substance use disorders. It is the voice and conscience of modern psychiatry. Its vision is a society that has available, accessible quality psychiatric diagnosis and treatment.

Mental Health American (MHA)

<http://www.mentalhealthamerica.net/>

Mental Health America (MHA) - founded in 1909 - is the nation's leading community-based nonprofit dedicated to addressing the needs of those living with mental illness and to promoting the overall mental health of all Americans. Our work is driven by our commitment to promote mental health as a critical part of overall wellness, including prevention services for all; early identification and intervention for those at risk; integrated care, services, and supports for those who need it; with recovery as the goal.

National Alliance on Mental Health (NAMI)

<https://www.nami.org>

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

National Institute on Mental Health (NIMH)

<https://www.nimh.nih.gov>

The National Institute of Mental Health (NIMH) is the lead federal agency for research on mental disorders. NIMH is one of the 27 Institutes and Centers that make up the National Institutes of Health (NIH), the largest biomedical research agency in the world. NIH is part of the U.S. Department of Health and Human Services (HHS).

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Office of Adolescent Health

<https://www.hhs.gov/ash/oah/>

Subdivisions of the US Department of Health & Human Services, the Office of Adolescent Health (OAH) is dedicated to improving the health and well-being of adolescents. OAH leads through promoting strength-based approaches, bolstering multi-sector engagement, and bringing in youth voices to support healthy development and transitions to productive adulthood.

Substance Abuse and Mental Health Services Administration (SAMSA)

<https://www.samhsa.gov/>

The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

Youth.gov

youth.gov (formerly FindYouthInfo.gov) was created by the Interagency Working Group on Youth Programs (IWGYP), which is composed of representatives from 20 federal agencies that support programs and services focusing on youth.

MENTAL HEALTH RESOURCES FOR TEENS

Teen Line

<https://teenlineonline.org/>

Established in 1980, TEEN LINE is a nonprofit, community-based organization helping troubled teenagers address their problems. It is our mission to provide personal teen-to-teen education and support before problems become a crisis, using a national hotline, current technologies and community outreach.

Teen Mental Health

<http://teenmentalhealth.org/>

Created by Dr. Stan Kutcher, Teen Mental Health works to create, develop and deliver nationally and internationally recognized research, education and clinical programs by collaborating with health care providers, policymakers, schools, the business community, non-profit organizations and the general public.

TEEN MENTAL HEALTH RESOURCES FOR LIBRARY STAFF

Webinars:

Teen Mental Illness 101

<https://infopeople.org/civicrm/event/info?reset=1&id=629>

Teen Suicide Prevention: How to Listen, Assess, and Guide Teens in their Time of Need

<https://infopeople.org/civicrm/event/info?reset=1&id=668>

The Community Resiliency Model: Becoming Trauma-Informed and Resiliency-Focused and Informed

<https://infopeople.org/civicrm/event/info?reset=1&id=706>

How to Use the Community Resiliency Model to Assist Youth in Need

<https://infopeople.org/civicrm/event/info?reset=1&id=715>

Articles:

Mental Health First Aid

<https://americanlibrariesmagazine.org/2017/03/01/mental-health-first-aid/>

Mental Health Training in Public Libraries

<http://publiclibrariesonline.org/2015/01/mental-health-training-in-public-libraries/>

People with Mental Health Issues Tip Sheet:

http://www.ala.org/ascla/sites/ala.org.ascla/files/content/asclaprotocols/accessibilitytipsheets/tipsheets/7-Mental_Illness.pdf

The Person in a Persons: Promoting Mental Health Awareness in Your Library

<http://www.programminglibrarian.org/blog/person-person-promoting-mental-health-awareness-your-library>

Tackling Mental Health in YA Lit

http://www.slj.com/2015/11/teens-ya/tackling-mental-health-through-ya-lit/#_