

SO YOU WANT TO BE A MENTEE



WHO IS A MENTEE?

In most cases, mentees are required to have fewer than 5 years of experience in a professional field. However, there are some mentorships that are available for those who are mid-career as well. If you are an effective communicator who would like to work closely with another professional to gain insights, tips and guidance in furthering your career, you may be a great fit for one of ALA's mentorships.



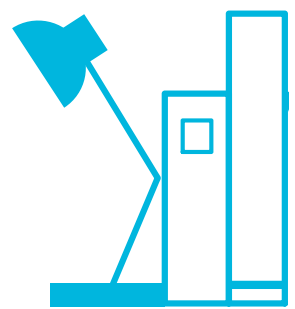
WHAT IS A MENTEE?



A mentee is a person who is looking for guidance, training, or counsel in a real-life setting beyond school or work training experiences. Mentees are individuals seeking experienced professionals in the same field to gain additional experience and understanding in their field.

BEING A MENTEE

A good mentee is an active part of the mentee/mentor dynamic. They are willing to openly and honestly share their experiences and goals with their mentors as well as be willing to receive constructive feedback from their mentor. Mentees should be able to communicate clearly, and not be afraid of addressing miscommunications to lack of clarity as it arises.



THE BENEFITS

Mentees have the benefit of learning from their mentor's experiences. By speaking with a mentor and seeking guidance regarding their strengths or weaknesses, mentees have the opportunity to improve and strengthen their assets.

