

5 TIPS ON MENTORSHIPS



BE HONEST

Be forthcoming about expectations, goals, and potential issues. Be clear about time commitment, communication preferences, and availability. If a mentorship is not working, tell the mentoring committee!



BE OPEN

Listen to what one another is saying and take their advice/suggestions/constructive criticisms seriously. Reflect and evaluate on them. The decision to follow their feedback is yours alone, but be clear about your reasonings.



BE FLEXIBLE

As much planning that may be done, a mentorship may developed differently than previously mapped. Life happens, paths change; things pop up. Accommodate these changes in your mentoring relationship.



BE EMPATHETIC

Try to refrain from judging when communicating. Validate their words and ask questions. A strong rapport relies on understanding and reliability. Build one another up with sincerity and encouragement.



BE A GOOD PERSON

A mentoring relationship is a confidential one. It succeeds when both partners are actively engaged and committed. Trust that your partner will provide growth in leadership skills, professional abilities, and confidence in yourself.



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