

Summary of NMRT January 2016 Discussion: Resistance to New Ideas

Tips and tricks to deal with those who are resistant to new ideas:

- Keep calm and be patient, getting stressed or angry doesn't get you anywhere.
- Calmly state your ideas and reasons when meeting with someone, but don't be biased and see all points of view.
- Be open to all ideas and criticisms, especially if you want them to be open to yours.
- If you are in charge of a committee, have a vote to keep everything fair.
- Back up your ideas with data.
- Be sure to listen to others.
- Make it “your” idea. Make it clear how the idea can benefit others and this can help the new idea move forward.
- Find a way to turn those no's into a yes and find out why it is a no, and what you can do better.
- Give credit where it is due and back up in writing.
- Don't forget about work/life balance and don't work in an environment that is toxic to you.

Here are some resources we shared during the conversation:

[Ten Reasons People Resist Change](#)

[Getting Past the “But We Already Tried That” Response](#)

[6 Ways to Get Your Co-workers and Boss to Love Your Ideas](#)

[5 Steps to Becoming an Innovation Champion](#)

<http://librarianburnout.com/2016/01/26/rejection-burnout-a-guest-post-by-kaitlin-springmier/>

<http://publiclibrariesonline.org/2016/01/welcoming-unwelcome-news/>