Transgender Individuals and Military Service Bibliography

Compiled by Andrew Grissom, February 2019

The inclusion of transgender people in the armed forces is still a rarity across the world. As of 2017, only 20 nations allow transgender personnel to openly serve in the military: Australia, Austria, Belgium, Bolivia, Canada, the Czech Republic, Denmark, Estonia, Finland, France, Germany, Ireland, Israel, Netherlands, New Zealand, Norway, Spain, Sweden, United Kingdom, and the United States.¹

For decades, the United States military labeled transgender individuals as sexual deviants, listing transsexualism as a psychosexual disorder and grounds for disqualification for appointment, enlistment, and induction.² The Obama administration began examining military policy in 2015, ultimately reversing the ban and allowing transgender people to serve openly, effective June 30, 2016. Transgender applicants are required to spend 18 months in their transitioned gender identity before joining the military.³ On July 26, 2017, President Donald Trump announced via Twitter plans to reverse this policy, citing medical costs and disruption.⁴ The President signed a presidential memorandum on August 25, 2017. Several lawsuits followed. Four federal judges blocked all or part of the memorandum's provisions in the fall of 2017.6 The Pentagon complied with these injunctions by officially allowing openly transgender individuals to join the U.S. military on January 1, 2018. The Trump administration issued another memorandum on March 23, 2018, based off recommendations from a review by Secretary of Defense James Mattis. 8 A federal judge blocked the new policies in April 2018, and the U.S. Court of Appeals for the 9th Circuit upheld a block on the ban on July 18, 2018. The advocacy group Sparta noted that few transgender applicants had been successful in enlisting since January 1, 2018. 11 On November 23, 2018, the Trump administration asked the United States Supreme Court to consider the case, ¹² and Court ruled that the President's ban could go into effect on January 22, 2019. ¹³

The landmark *Douglas v. Canada* case in 1992 ended in a ruling that prohibited the Canadian Forces from barring homosexual individuals from serving. ¹⁴ The Canadian Forces more formally recognized transgender personnel in 1998 by amending its medical policies, allowing sex reassignment surgery as a covered medical procedure. The Forces updated policies relating to personnel information management to be more inclusive of transgender individuals' information in 2010, and adopted a broader workplace accommodation plan for transgender service members in 2012. ¹⁵ The Canadian government amended the Human Rights Act to prohibit discrimination against transgender and non-binary individuals on June 15, 2017. ¹⁶

This bibliography is a selection of titles relating to transgender people and military service, focusing primarily on the United States. The list does not attempt to cover the experiences of LGB individuals in the armed forces.

Books: Fiction

Patricia Duncker, The Doctor, A Novel (Ecco Press, 1999), ISBN: 978-0060196011.

A novel based on the true story of Dr. James Miranda Berry, born as a woman but living and working as a man. Dr. Berry served as a physician in the British Army, rising to the rank of Inspector General (the second highest medical office).

Ann Gallagher, *Having Her Back* (CreateSpace Independent Publishing Platform, 2017), ISBN: 978-1546834908.

A romance novel about a Navy brat who reunites with his childhood friend after coming out as transgender.

Alex Myers, Revolutionary (Simon & Schuster, 2014), ISBN: 978-1451663327.

A fictionalization of the life of Deborah Sampson, an American born as a woman but fought as a man in the Revolutionary War

Books: Nonfiction

Calpernia Addams, *Mark 947: A Life Shaped by God, Gender and Force of Will* (Writers Club Press, 2003). ISBN: 978-0595263769.

The autobiography of Calpernia Addams, a transgender woman working in entertainment in Nashville, Tennessee. She falls for an Army private who is murdered in his sleep by his fellow soldiers, which became a national news story.

Anonymous, "'At Least 'Shipmate' Is a Gender-Neutral Insult': A Military Psychiatrist's Introduction to Transgender Military Service," in *Gay Mental Healthcare Providers and Patients in the Military*, ed. Elspeth Cameron Ritchie, Joseph E. Wise, and Bryan Pyle (Cham, Switzerland: Springer International Publishing, 2018): p. 139-151, ISBN: 978-3319660257.

An academic work on the stress, burnout, and other mental health outcomes experienced by transgender and gender nonconforming military service members.

Kristin Beck and Anne Speckhard, *Warrior Princess: A U.S. Navy Seal's Journey to Coming Out Transgender* (Advances Press, 2013), ISBN: 978-1935866435.

The story of Kristen Beck, who served as a Navy SEAL for twenty years but struggled internally as a transgender woman. *Warrior Princess* chronicles her journey with self-actualization, post-traumatic stress disorder (PTSD), family rejection, and societal gender rules and constructs. Beck has stated that the book does not tell her whole story. ¹⁷

George R. Brown, "Transsexuals in the Military: Flight into Hypermasculinity," in *The Transgender Studies Reader*, ed. Susan Stryker and Stephen Whittle (New York: Taylor & Francis Group, 2006): p. 537-544, ISBN: 978-0415947084.

First published in *Archives of Sexual Behavior* in 1988, this study on male-gender dysmorphic patients with military backgrounds describes how a hypermasculine stage of development coincides with the age of enlistment.

M. Sheridan Embser-Herbert, "Transgender Military Service: A Snapshot in Time," in *The Palgrave International Handbook of Gender and the Military*, ed. Rachel Woodward and Claire Duncanson (London: Palgrave Macmillan, 2017): p. 177-194, ISBN: 978-1137516763.

An overview of the relationship between the United States military and gender identity, including the military's basis for exclusion of openly transgender individuals.

Rachel Holmes, Scanty Particulars: The Scandalous Life and Astonishing Secret of James Berry, Queen Victoria's Most Eminent Military Doctor (Random House, 2003), ISBN: 978-0375505560.

The story of Dr. James Miranda Berry, born as a woman but living and working as a man. Dr. Berry served as a physician in the British Army, rising to the rank of Inspector General (the second highest medical office).

Caroline Paige, *True Colours: My Life as the First Openly Transgender Officer in the British Armed Forces* (Biteback Publishing, 2017), ISBN: 978-1785901324.

The autobiography of Caroline Paige, the first openly transgender officer in the British Armed Forces, including her challenges in discrimination both in the service and at home.

Judith E. Rosenstein, "The Integration of Trans People into the Military," in *Inclusion in the American Military: A Force for Diversity*, ed. David E. Rohall, Morten G. Ender, and Michael D. Matthews (Lexington Books, 2017): p. 149-168, ISBN: 978-1498528603.

Review of definitions and cultural ideas of transgender people, a history of transgender personnel in the United States military, and suggestions for commanders in creating an inclusive work environment.

Chloe Schwenke, *SELF-ish: A Transgender Awakening* (Red Hen Press, 2018), ISBN: 978-1597096089.

The memoir of Chloe Schwenke, a transgender woman who grew up in a Marine Corps family and attended a military academy as a teenager.

Julie Wheelwright, *Amazons and Military Maids: Women Who Dressed as Men in the Pursuit of Life, Liberty, and Happiness* (Pandora, 1990), ISBN: 978-0044404941.

Accounts of women living as men across history, including as soldiers in World War I.

Films

The Aggressives, directed by Eric Daniel Peddle (2005; Los Angeles, CA; Seventh Art Releasing/Image Entertainment).

A documentary that examines the lives of six people of color in New York City who identify as "aggressives," toeing the line between gender definitions and expressions. One "aggressive" is Marquise, who enlists in the US Army and discusses being forced to serve as a woman.

The Camouflage Closet, directed by Michael Nedelman (2013).

A 40-minute documentary that explores trauma and recovery among nine American LGBT veterans.

Lady Valor: The Kristin Beck Story, directed by Sandrine Orabona and Mark Herzog (2014, New Almaden, CA; Wolfe Video), DVD.

After serving as a Navy SEAL for over 20 years, Kristin Beck shares her journey in living truthfully as a transgender woman.

Transgender, At Love and War, directed by Fiona Dawson (2015, The New York Times).

A short documentary that profiles a transgender military couple and their challenges coping with the US military's ban that prohibits them from serving openly.

TransMilitary, directed by Gabe Silverman and Fiona Dawson (2018, Cinetic Cinema).

This full-length documentary is a follow-up to *Transgender*, *At Love and War*, this time focusing on the lives of four transgender individuals fighting for their right to serve openly in the US military.

XY Chelsea, directed by Tim Travers Hawkins (2019, Pulse Films).

An upcoming documentary on Chelsea Manning, who came out as transgender while serving a prison sentence for revealing state secrets.

Reports

Donald C. Arthur, Gale Pollock, and Alan M. Steinman, *Former Military Surgeons Generals Rebut Assertion that Training Medical Examiners to Evaluate Transgender Applicants is Complex* (The Palm Center, December 18, 2017),

https://www.palmcenter.org/publication/training-recruiters-examiners-evaluate-transgender-applicants-not-complicated-time-consuming/.

Research and perspectives from former Surgeon Generals invalidating the assertion from officials within the Trump Administration that processing transgender individuals for military service imposes "extraordinary burdens on the Department [of Defense] and the military services."

Donald C. Arthur, Gale Pollock, Alan M. Steinman, Nathaniel Frank, Diane H. Mazur, Aaron Belkin, *DoD's Rationale for Reinstating the Transgender Ban Is Contradicted by Evidence* (The Palm Center, April 25, 2018), https://www.palmcenter.org/publication/dods-rationale-for-reinstating-the-transgender-ban-is-contradicted-by-evidence/.

In this report, the authors address the rationale for excluding transgender individuals for military service, as described within the *Department of Defense Report and Recommendations on Military Service by Transgender Persons*. The report supplies evidence refuting the claims listed in the Department of Defense's report.

Aaron Belkin, Frank J. Barrett, Mark J. Eitelberg, and Marc J. Ventresca, *Discharging Transgender Troops Would Cost \$960 Million* (The Palm Center, August 8, 2017), https://www.palmcenter.org/publication/discharging-transgender-troops-cost-960-million/.

While President Trump claimed medical costs as one rationale for reinstating the ban on transgender individuals in the armed forces, this report suggests that the cost of discharging transgender troops already serving in the military would far outweigh any medical costs associated with transition-related medical care.

Aaron Belkin, *Here Today, Gone Tomorrow: Why the US Military's Transgender Ban Unraveled So Quickly* (The Palm Center, June 28, 2016), https://www.palmcenter.org/publication/here-today-gone-tomorrow-why-the-us-militarys-transgender-ban-unraveled-so-quickly/.

A discussion on the factors leading up to the repeal of the transgender ban under the Obama Administration.

Karl Bryant and Kristen Schilt, *Transgender People in the U.S. Military: Summary and Analysis of the 2008 Transgender American Veterans Association Survey* (The Palm Center, August 20, 2008), https://www.palmcenter.org/publication/transgender-people-in-the-u-s-military/.

A survey of transgender service members and veterans revealed various forms of discrimination, both while serving within the military and in accessing services through VA Hospitals.

Joycelyn Elders, Alan M. Steinman, George R. Brown, Eli Coleman, and Thomas A. Kolditz, *Report of the Transgender Military Service Commission* (The Palm Center, March 13, 2014), https://www.palmcenter.org/publication/report-of-the-transgender-military-service-commission/.

A commission co-chaired by Joycelyn Elders, the previous United States Surgeon General found that the Pentagon's rationale for excluding transgender individuals from military service was not based on sound medical reasoning.

Gary J. Gates and Jody L. Herman, *Transgender Military Service in the United States* (The Williams Institute, ULCA School of Law, May 2014),

 $\underline{https://williams institute.law.ucla.edu/research/military-related/us-transgender-military-service/.}$

A statistical overview of military service trends among transgender adults in the United States.

Diane H. Mazur, *Arbitrary and Capricious: Six Inconsistencies Distinguishing Military Medical Policies for Transgender and Non-Transgender Personnel* (The Palm Center, October 1, 2014), https://www.palmcenter.org/publication/arbitrary-and-capricious/.

This report found a double standard between the medical care received by transgender military personnel and that received by non-transgender military personnel. The author describes six inconsistencies in medical practices that speak to this double standard.

Endia T. Mendez, *Transgenders in the U.S. Military: Policies, Problems, and Prospects* (Naval Postgraduate School thesis, March 2014), https://calhoun.nps.edu/handle/10945/41418.

A study of the policies and challenges relating to transgender individuals serving in the United States military. The author compares practices in the US with those in two countries that allow transgender individuals to serve openly, Canada and Australia. The study also concludes that the medical rationale given for the ban from service is consistent with current views by the larger medical community.

Joshua Polchar, Tim Sweijs, Philipp Marten, and Jan Galdiga, *LGBT Military Index* (The Hague Center for Strategic Studies, 2014), https://www.hcss.nl/news/lgbt_military_index_1.

Rankings of over 100 countries by inclusion of LGBT service members in the armed forces.

Joshua Polchar, Tim Sweijs, Philipp Marten, and Jan Galdiga, *LGBT Military Personnel: A Strategic Vision for Inclusion* (The Hague Center for Strategic Studies, 2014), https://web.archive.org/web/20170728150230/http://hcss.nl/report/lgbt_military_personnel_a_strategic_vision_for_inclusion_1.

A report arguing that inclusion of LGBT personnel is necessary for militaries around the world to survive and thrive.

Gale S. Pollock and Shannon Minter, *Report of the Planning Commission on Transgender Military Service* (The Palm Center, August 26, 2014), https://www.palmcenter.org/publication/report-of-the-planning-commission-on-training-military-service/.

A commission including three retired General Officers from the United States military found that removing the transgender ban was administratively feasible and consistent with military readiness and core values. The authors provide administrative guidance on updating and implementing a new military policy.

Agnes Gereben Schaefer, Radha Iyengar, Srikanth Kadiyala, Jennifer Kavanagh, Charles C. Engel, Kayla M. Williams, and Amii M. Kress, *The Implications of Allowing Transgender Personnel to Serve Openly in the U.S. Military* (Rand Corporation, 2016), https://www.rand.org/pubs/research_reports/RR1530.html.

A frequently cited study conducted by the Rand Corporation and commission by the Office of the Under Secretary of Defense for Personnel and Readiness. The study "identified the health care needs of the transgender population and transgender service members in particular. It also examined the costs of covering transition-related treatments, assessed the potential readiness implications of a policy change, and reviewed the experiences of foreign militaries that permit transgender personnel to serve openly." Finding the medical costs and impact of force readiness to be low, the researchers provided recommended steps toward an inclusive policy.

Gene Silvestri, *How the Department of Defense Transgender Ban Harms Our Military Families:* A Report Including Personal Testimony from Transgender Service Members and Their Families (The American Military Partner Association, The Transgender American Veterans Association, 2015), https://militarypartners.org/transgender-report/.

This report describes how the US military's transgender ban harms transgender service members and their families, including testimony of families from those enlisted in the Army, Navy, and Air Force.

Tarynn M. Whitten, *Gender Identity and the Military – Transgender, Transsexual, and Intersex Identified Individuals in the U.S. Armed Forces* (The Palm Center, May 1, 2007), https://www.palmcenter.org/publication/gender-identity-and-the-military-transgender-transsexual-and-intersex-identified-individuals-in-the-u-s-armed-forces/.

A background on the United States military's views on gender identity, including the rationales used to ban openly transgender, transsexual, and intersex individuals from serving in the armed forces.

United States Department of Defense, *Department of Defense Report and Recommendations on Military Service by Transgender Persons* (February 22, 2018), https://permanent.access.gpo.gov/gpo90292/MILITARY-SERVICE-BY-TRANSGENDER-INDIVIDUALS.PDF.

Recommendations, endorsed by Secretary of Homeland Security James Mattis, to revise the policy on transgender individuals serving in the United States military. The recommendations include:

- Transgender individuals without a history or diagnosis of gender dysphoria, who are otherwise qualified from service, may serve in their biological sex.
- Transgender persons who require or have undergone gender transition are disqualified.
- Transgender persons with a history or diagnosis of gender dysphoria are disqualified, except under certain limited circumstances.

United States Department of Defense, *Transgender Service in the U.S. Military: An Implementation Handbook* (2016),

https://www.defense.gov/Portals/1/features/2016/0616_policy/DoDTGHandbook_093016.pdf.

A handbook published under the Obama Administration following the repeal of the ban on openly transgender individuals serving in the military. The handbook is meant to "assist transgender Service members in their gender transition, help commanders with their duties and responsibilities, and help all Service members understand new policies enabling the open service of transgender Service members."

Selected Articles

Joshua Trey Barnett and Brandon J. Hill, "Covert Operation: Archiving the Experiences of Transgender Service Members in the US Military," *Transgender Studies Quarterly*, vol. 2, no. 4 (2015): p. 584-594, https://read.dukeupress.edu/tsq/article/2/4/584/24751/Covert-OperationArchiving-the-Experiences-of.

Aaron Belkin, "Caring for Our Transgender Troops — The Negligible Cost of Transition-Related Care," *The New England Journal of Medicine*, vol. 373, no. 12 (2015): p. 1089-1092, https://www.nejm.org/doi/full/10.1056/NEJMp1509230.

John R. Blosnich, Mary C. Marsiglio, Shasha Gao, Adam J. Gordon, Jillian C. Shipherd, Michael Kauth, George R. Brown, and Michael J. Fine, "Mental Health of Transgender Veterans in US States With and Without Discrimination and Hate Crime Legal Protection," *American Journal of Public Health*, vol. 106, no. 3 (2016): p. 534-540, https://aiph.aphapublications.org/doi/abs/10.2105/AJPH.2015.302981.

Michelle Dietert and Dianne Dentice, "The Transgender Military Experience: Their Battle for Workplace Rights," *SAGE Open/The Journal of Workplace Rights*, vol. 5, no. 2 (2015), http://journals.sagepub.com/doi/full/10.1177/2158244015584231.

Michelle Dietert, Dianne Dentice, and Zander Keig, "Addressing the Needs of Transgender Military Veterans: Better Access and More Comprehensive Care," *Transgender Health*, vol., no. 1 (2017): p. 35-44, https://www.liebertpub.com/doi/10.1089/trgh.2016.0040.

M. Joycelyn Elders, George R. Brown, Eli Coleman, Thomas A. Kolditz, and Alan M. Steinman, "Medical Aspects of Transgender Military Service," *Armed Forces & Society*, vol. 41, no. 2 (2015): p. 199-220, http://journals.sagepub.com/doi/abs/10.1177/0095327x14545625.

Jeremy T. Goldenbach and Carl Andrew Castro, "Lesbian, Gay, Bisexual, and Transgender (LGBT) Service Members: Life After Don't Ask, Don't Tell," *Current Psychiatry Reports*, vol. 18, no. 6 (2016), https://link.springer.com/article/10.1007/s11920-016-0695-0.

Jack Harrison-Quintana and Jody L. Herman, "Still Serving in Silence: Transgender Service Members and Veterans in the National Transgender Discrimination Survey," *LGBTQ Policy Journal*, vol. 3 (2012-2013): p. 39-52, http://lgbtq.hkspublications.org/2013/10/21/still-serving-in-silence-transgender-service-members-and-veterans-in-the-national-transgender-discrimination-survey/.

Brandon J. Hill, Alida Bouris, Joshua Trey Barnett, and Dayna Walker, "Fit to Serve? Exploring Mental and Physical Health and Well-Being among Transgender Active-Duty Service Members and Veterans in the U.S. Military," *Transgender Health*, vol. 1, no. 1 (2016): p. 4-11, https://www.liebertpub.com/doi/full/10.1089/trgh.2015.0002.

Charles P. Hoy-Ellis, Chengshi Shiu, Kathleen M. Sullivan, Hyun-Jun Kim, Allison M. Sturges, Karen I. Fredriksen-Goldsen, "Prior Military Service, Identity Stigma, and Mental Health Among Transgender Older Adults," *The Gerontologist*, vol. 57, no. suppl. 1 (2017): p. S63-S71, https://academic.oup.com/gerontologist/article/57/suppl_1/S63/2904656.

Laura Johnson, Jillian Shipherd, and Heather M. Walton, "The Psychologist's Role in Transgender-Specific Care with U.S. Veterans," *Psychological Services*, vol. 13, no. 1 (2016): p. 69-76, http://psycnet.apa.org/record/2015-20384-001.

Michael R. Kauth, Jillian C. Shipherd, Jan Lindsay, John R. Blosnich, George R. Brown, and Kenneth T. Jones, "Access to Care for Transgender Veterans in the Veterans Health Administration: 2006-2013," *American Journal for Public Health*, vol. 104, no. S4 (2014): p. S532-S534, https://ajph.aphapublications.org/doi/abs/10.2105/AJPH.2014.302086.

Matthew F. Kerrigan, "Transgender Discrimination in the Military: The New Don't Ask, Don't Tell," *Psychology, Public Policy, and Law*, vol. 18, no. 3 (2012): p. 500-518, http://psycnet.apa.org/record/2011-24240-001.

Kevin Lehavot, Tracy L. Simpson, and Jillian C. Shipherd, "Factors Associated with Suicidality Among a National Sample of Transgender Veterans," *Suicide and Life-Threatening Behavior*, vol. 46, no. 5 (2016): 507-524, https://onlinelibrary.wiley.com/doi/full/10.1111/sltb.12233.

David A. Levy, James E. Parco, and Sarah R. Spears, "Purple in a Black & White World: Self-Determination Theory and Transgender Military Service," *Journal of Basic & Applied Sciences*, vol. 11 (2015): p. 359-369, http://lifescienceglobal.com/pms/index.php/jbas/article/view/3069.

Bridget B. Matarazzo, Sean M. Barnes, James L. Pease, Leah M. Russell, Jetta E. Hanson, Kelly A. Soberay, and Peter M. Gutierrez, "Suicide Risk among Lesbian, Gay, Bisexual, and Transgender Military Personnel and Veterans: What Does the Literature Tell Us?" *Suicide and Life-Threatening Behavior*, vol. 44, no. 2 (2014): p. 200-217, https://onlinelibrary.wiley.com/doi/full/10.1111/sltb.12073.

Alan Okros and Denise Scott, "Gender Identity in the Canadian Forces: A Review of Possible Impacts on Operational Effectiveness," *Armed Forces & Society*, vol. 41, no. 2 (2015): p. 243–256, http://journals.sagepub.com/doi/abs/10.1177/0095327X14535371.

James E. Parco, David A. Levy, and Sarah R. Spears, "Beyond DADT Repeal: Transgender Evolution within the U.S. Military," *International Journal of Transgenderism*, vol. 17, no. 1 (2016): p. 4-13, https://www.tandfonline.com/doi/abs/10.1080/15532739.2015.1095669.

James E. Parco, David A. Levy, and Sarah R. Spears, "Transgender Military Personnel in the Post-DADT Repeal Era: A Phenomenological Study," *Armed Forces & Society*, vol. 41, no. 2 (2015): p. 221-242, http://journals.sagepub.com/doi/full/10.1177/0095327X14530112.

Jillian C. Shipherd, Lauren Mizock, Shira Maguen, and Kelly E. Green, "Male-to-Female Transgender Veterans and VA Health Care Utilization," *International Journal of Sexual Health*, vol. 24, no. 1 (2012): p. 78-87, https://www.tandfonline.com/doi/abs/10.1080/19317611.2011.639440.

Adam F. Yerke and Valory Mitchell, "Transgender People in the Military: Don't Ask? Don't Tell? Don't Enlist!" *Journal of Homosexuality*, vol. 60, no. 2-3 (2013): p. 436-457, https://www.tandfonline.com/doi/abs/10.1080/00918369.2013.744933.

Organizations

The American Military Partner Association, https://militarypartners.org/.

A resource and support network for partners, spouses, families, and allies for LGBTQ service members and veterans.

American Veterans for Equal Rights, http://aver.us/.

A non-profit, non-partisan, chapter-based Veterans Service Organization dedicated to equal rights and treatment of military service members and veterans, especially for LGBT individuals.

The Palm Center, https://www.palmcenter.org/.

A non-profit organization that has produced many research studies on LGBT individuals serving in the United States military. Following the repeal of Don't Ask, Don't Tell and the *Obergefell v. Hodges* ruling legalizing same-sex marriage in the United States, many organizations shifted attention to transgender military policy. The Palm Center is one such example: In 2013, the Center received over \$1 million dollars in grants from the Tawani Foundation and Wells Fargo to fund the Transgender Military Initiative, a research series focused on how the United States military could effectively implement a policy inclusive of openly transgender personnel.¹⁸

Sparta, https://spartapride.org/.

An advocacy group for actively serving transgender military personnel, veterans, and their families.

Tawani Foundation, http://www.tawanifoundation.org/.

A grant-making organization founded by veteran Colonel Jennifer N. Pritzker. The Foundation's funding "supports organizations involved in military awareness and heritage, arts and culture, health and wellness, and LGBT/human rights issues." The Pritzker Military Museum & Library is also part of the Foundation.

The Transgender American Veterans Association, http://transveteran.org/.

An organization that focuses on ensuring that transgender veterans receive access to appropriate medical care. The association also educates the Department of Veterans Affairs and the Department of Defense on equal treatment of transgender and transsexual individuals.

Web Resources

American Medical Association, "AMA Statement on Transgender Americans in the Military," https://www.ama-assn.org/ama-statement-transgender-americans-military.

A statement from David O. Barbe, the President of the American Medical Association, responding to President Trump's ban on transgender individuals in the US military.

Tom Cramer, "Transgender Vets, the VA, and Respect," *United States Department of Veterans Affairs*, January 3, 2017,

 $\frac{https://www.va.gov/HEALTH/NewsFeatures/2017/January/Transgender-Vets-the-VA-and-Respect.asp.}{}$

An article outlining support services for transgender veterans.

Human Rights Campaign, "Transgender Military Service," https://www.hrc.org/resources/transgender-military-service.

A background on President Trump's ban on transgender troops, as well as a list of resources.

TRICARE, https://www.tricare.mil/.

TRICARE is a military health insurance plan that allows changes in name and gender marker. It covers all care that might conflict with the gender marker listed in medical records.

United States Department of Defense, "Transgender Policy," https://www.defense.gov/News/Special-Reports/0616_transgender-policy-archive/.

The archived website devoted to the US Department of Defense's transgender policy, including policy highlights and a list of resources to help implement the policy. The website is not being updated at the time of this writing.

military.html.

¹ CBC, "Countries That Allow Transgender Members in the Military," July 26, 2017, http://www.cbc.ca/news/world/countries-that-allow-transgender-members-in-the-military-1.4222205; Hayley Halpin, Varadkar Says Transgender People Will Never Be Banned from Serving in Irish Defence Forces," *The Journal*, July 29, 2017, http://www.thejournal.ie/transgender-defence-forces-leo-varadkar-3519905-Jul2017/?utm_source=shortlink.

² United States Army, "Standards of Medical Fitness," AR 40-501 (2008), http://www.au.af.mil/au/awc/awcgate/army/r40_501.pdf; Jonah Engel Bromwich, "How U.S. Military Policy on Transgender Personnel Changed Under Obama," *The New York Times*, July 26, 2017, https://www.nytimes.com/2017/07/26/us/politics/trans-military-trump-timeline.html. ³ Matthew Rosenberg, "Transgender People Will Be Allowed to Serve Openly in Military," *The New York Times*, June 30, 2016, https://www.nytimes.com/2016/07/01/us/transgender-

⁴ Emma Green, "Trump's Transgender Ban Could Force Out Thousands of Service Members," *The Atlantic*, July 26, 2017, https://www.theatlantic.com/politics/archive/2017/07/trump-bans-transgender-americans-from-serving-in-the-military/534939/.

⁵ Jeff Mason, "Trump Signs Memo Directing Pentagon to Implement Transgender Ban," *Reuters*, August 25, 2017, https://www.reuters.com/article/us-usa-trump-transgender/trump-signs-memo-directing-pentagon-to-implement-transgender-ban-idUSKCN1B52T8.

⁶ David G. Savage, "Military Poised to Accept Transgender Troops, Despite Trump Tweets, As Courts Block Ban," *Los Angeles Times*, December 26, 2017, http://www.latimes.com/politics/lana-pol-transgender-military-20171226-story.html.

⁷ Elizabeth McLaughlin, "Beginning Today, Transgender Individuals Can Join the US Military," *ABC News*, January 1, 2018, https://abcnews.go.com/US/beginning-today-transgender-individuals-join-us-military/story?id=52051204.

⁸ Helene Cooper and Thomas Gibbons-Neff, "Trump Approves New Limits on Transgender Troops in the Military," *The New York Times*, March 24, 2018, https://www.nytimes.com/2018/03/24/us/politics/trump-transgender-military.html.

⁹ Gene Johnson, "Federal Judge Halts Trump's Ban on Transgender Troops Until Trial," *Chicago Tribune*, April 16, 2018, http://www.chicagotribune.com/news/nationworld/ct-trump-transgender-troops-ban-trial-20180416-story.html.

¹⁰ Ellen Mitchell, "Court Rules Against Trump Administration on Transgender Military Ban," *The Hill*, July 18, 2018, https://thehill.com/policy/defense/397702-court-rules-against-trump-admin-on-transgender-military-ban.

¹¹ Dave Phillips, "Ban Was Lifted, but Transgender Recruits Still Can't Join," *The New York Times*, July 5, 2018, https://www.nytimes.com/2018/07/05/us/military-transgender-recruits.html.

https://www.cnn.com/2018/11/23/politics/military-transgender-ban-supreme-court/index.html.

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