

Getting Real with SustainRT

June 29, 2018, 12-1pm eastern; unrecorded Zoom call

Presented by the SustainRT Membership Committee

18 people in attendance;

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A Resource List Co-created by Participants

Dark Mountain Project

<https://dark-mountain.net>

Amy Brundvant's news column

<https://catalystmagazine.net/author/amy/>

Collapse and Rebirth, a 2-minute video by Joe Brewer

<https://www.youtube.com/watch?v=-2CZYR7-eVs>

Brene Brown on the power of being vulnerable

https://www.ted.com/talks/brene_brown_on_vulnerability?language=en

"Is Modern Humanity Undergoing a Rite of Passage?" by Richard Tarnas

<https://slideslive.com/38903254/is-modern-humanity-undergoing-a-rite-of-passage>

Climate Change Said to Be 'Ultimate Social Determinant of Health'

<https://psychnews.psychiatryonline.org/doi/full/10.1176/appi.pn.2018.3b11>

Safe Circle calls (free) with author Carolyn Baker. Email her at carolyn@carolynbaker.net for reminder emails; 1st, 3rd, 5th Tuesday evenings 9-10pm eastern

Work That Reconnects Network (Joanna Macy)

<https://workthatreconnects.org>

Online course on Mindfulness Based Stress Reduction

https://www.soundstrue.com/store/mbsr-course?utm_source=google&utm_medium=psearch&utm_campaign=Courses%2520-%2520MBSR&utm_adgroup=mbsr%2520-%2520exact&utm_term=&gclid=EAlalQobChMI2PzV0rD52wIVAsZkCh3xowsvEAAYASAAEgluufD_BwE

Free online Mindfulness Based Stress Reduction course

<https://palousemindfulness.com/>

Mental health hot lines - <https://www.mentalhelp.net>

Mental health first aid training - <http://www.mentalhealthfirstaid.org/take-a-course>

Books

Learning to Die in the Anthropocene by Roy Scranton
<https://www.goodreads.com/review/show/2221448794>

Navigating the Coming Chaos by Carolyn Baker
<https://www.goodreads.com/book/show/10450245-navigating-the-coming-chaos>

Climate of Hope by Michael Bloomberg
https://www.goodreads.com/book/show/32816557-climate-of-hope?from_search=true

Paradise Built in Hell by Rebecca Solnit
https://www.goodreads.com/book/show/6444492-a-paradise-built-in-hell?from_search=true

A History of the World through Seven Cheap Things by Raj Patel
<https://www.goodreads.com/book/show/34525475-a-history-of-the-world-in-seven-cheap-things>

The Wild Edge of Sorrow: Rituals of Renewal and Sacred Work of Grief - Francis Weller
<https://www.goodreads.com/book/show/23992445-the-wild-edge-of-sorrow>

Facebook groups

[Libraries Step Up \(in times of crisis\)](#); [Mindfulness for Librarians](#);
[Libraries are Champions of Healthy Communities](#); [Trauma-informed Libraries](#)

Council on the Uncertain Human Future - recorded conversations
<https://councilontheuncertainhumanfuture.org>

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SustainRT mentoring program possibly in the works; talking about our nuanced thoughts and feelings around climate change, etc. can be an option for the partnership

SustainRT webinar coming soon with Kinde Nebeker. New Moon Rites of Passage
<http://www.newmoonritesofpassage.com/>