

## Some Other Resources

Over 5,000 books are published a year for children and teens. With so many choices, it can be hard to sort the trash from the treasure. These resources will help:

YALSA's list of award winning books for teens as well as other recommended reading at [www.ala.org/yalsa/booklists](http://www.ala.org/yalsa/booklists)

The American Library Association's list of suggested reading at [www.ala.org/recommendedreading](http://www.ala.org/recommendedreading)

The Internet Public Library's TeenSpace offers recommended reading at [www.ipl.org](http://www.ipl.org)

Reading is Fundamental's web site suggests both books for teens as well as resources for parents at [www.rif.org](http://www.rif.org). Click on "Parents."

Books like Jim Trelease's *Read-Aloud Handbook* and YALSA's *More Outstanding Books for the College Bound*. For more YALSA resources go to [www.alastore.ala.org](http://www.alastore.ala.org)



For nearly fifty years the Young Adult Library Services Association (YALSA) has been the world leader in recommending reading, listening and viewing for teens. YALSA is the fastest growing division of the American Library Association.

YALSA's mission is to advocate, promote and strengthen library service to teens, ages 12-18, as part of the continuum of total library services, and to support those who provide library service to this population.


YALSA is home to Teen Read Week™, a national celebration held the third week of each October, and proudly administers the annual Michael L. Printz Award for excellence in young adult literature.

While YALSA selects books for teens 12-18 years of age, the titles span a broad range of reading and maturity levels. We encourage adults to take an active role in helping teens choose books that are the best fit for them and their families.


To find out more, go to [www.ala.org/yalsa](http://www.ala.org/yalsa).

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Young Adult Library Services Association



## Teen Reading Guide for Parents & Caregivers



Young Adult Library Services Association  
[www.ala.org/yalsa](http://www.ala.org/yalsa)

Get Active @ your library

The graphic is a vertical banner with a black border. At the top, a speech bubble contains the YALSA logo and the text "Young Adult Library Services Association". Below this is a cartoon illustration of a young man with spiky hair, wearing a blue jacket and grey pants, carrying a book under his arm. The main text of the banner reads "Teen Reading Guide for Parents & Caregivers" in large, bold, blue letters. At the bottom, there is a white box with a black border containing the text "Get Active @ your library".

## ► Good teen readers = high achievers

### Did you know...

- In 2004 the National Assessment of Educational Progress (NAEP) found that students who read for fun almost every day had higher reading scores than those who said that they never or hardly ever read for fun.
- The average reader reads 300 words per minute. If a teen reads just 15 minutes per day, that adds up to 31,500 words per week. Studies show that for every 100,000 words read, the reader's vocabulary growth is 50%.
- In a 2005 online survey via SmartGirl.org, the majority of teens responding said they would read more if they knew about more good books and other materials to read.



## What You Can Do

- Lead by example: let your teen see you reading and visiting the library often.
- Sharing books shows you care. Talk about what you read with your teen.
- Keep plenty of books, graphic novels, magazines and newspapers around your home.
- Empower your teens: let them select books that speak to their interests and hobbies.
- Read stories, poems, graphic novels, magazines or books out loud together.
- Make sure your teen has regular transportation to the library.
- Provide a quiet space for reading in your home and set aside time each day for reading.
- Give books or gift certificates to bookstores as gifts.
- Listen to audio books when traveling.
- Don't forget that reading should be fun, as well as educational, for all ages. Let your teen choose some lighter reading that isn't required for school.



## @ Your Library

### Get Good Advice:

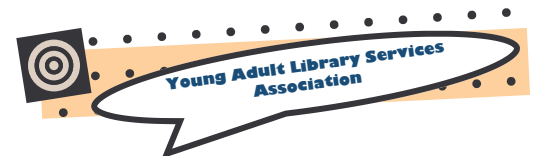
Librarians and School Library Media Specialists are experts at matching the right book to the right teen. Ask them to recommend good books that are appropriate for your teen's age, maturity level and reading ability.

### Find Things to Do:

Most libraries offer some sort of service, program or event just for teens. Contact your local library to find out what homework help, book clubs, film festivals, poetry slams or other events or services they offer teens.

### Stay Within Your Budget:

Borrowing books and other materials from the library is free, and it's also free to use the library's computers.



Find a public library near you:  
<http://nces.ed.gov/NCESkids/library/>