Bisexuality:
An Annotated Bibliography of Non-fiction books

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This bibliography includes non-fiction published 2005 or later about bisexuality, bisexuals, sexual fluidity, pansexuality, and other non-monosexual identities
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1 General non-fiction


This volume – which won the Lambda Literary Award for Bisexual Nonfiction Finalist – was originally published as a 2009 special issue of the Journal of Bisexuality.


Publisher’s description: This multifaith compendium of stories and resources will help congregations they take the next step toward full inclusion of LGBT people.


Publisher’s description: Controversial Italian author Serena Anderlini-D’Onofrio has authored the first global ecology study based on an analysis of human health. Anderlini-D’Onofrio identifies her remedy within the context of Gaia theory, re-envisioning it as a more inclusive philosophy that positively impacts not only relationships, but world ecology under duress. The author links human sexuality to the global ecosystem, claiming that freedom from fear will stimulate a holistic health movement powerful enough to heal relationships and restore planetary balance.

Block describes her relationships with men and women, and contextualizes them within other authors’ ideas about non-monogamy. *Open* won the Lambda Literary Award for Bisexual Literature.


Publisher’s description: *Bi America: Myths, Truths, and Struggles of an Invisible Community* offers an inside look at the American bisexual community and gives an understanding of the special circumstances unique to being bisexual. The book takes the reader to bi community events from picnics, to conferences, to support groups, to performances in order to expose the everyday trials of the bisexual community.


This book was a finalist for the Lambda Literary Award for Bisexual Literature.


Eisner’s volume presents a feminist political discussion of what bisexuality means. She takes aim at transphobia, homonormativity, and misconceptions about bisexuality throughout the text. This book includes sidebars with definitions of vocabulary that may be unfamiliar to a lay audience and trigger warnings around potentially traumatic content. *Bi* was a finalist both for the Bisexual Book Awards and the Lambda Literary Award for Bisexual Nonfiction.


This book was a finalist for the Lambda Literary Award for Bisexual Literature.

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Publisher’s description: The authors provide research findings and case studies that add to our understanding of bisexual identity, bisexuality and relationships, bisexuality and ethnicity, and attitudes toward bisexual people.


Publisher’s description: *Bisexual Women: Friendship and Social Organization* comprehensively explores the friendship relationships of bisexual women, and the ways that bisexuality shapes the friendship experience.


This volume was originally a special issue of the *Journal of Bisexuality*.


The 25th anniversary edition of this classic anthology includes a new introduction and a history of bisexual political activism.


A tongue-in-cheek collection of writings, quizzes, glossaries, and tips for bi women and men. Parts of this book are out of date (e.g. the recommendation of MySpace and other sites that are now rarely used).
This book was a finalist for the Lambda Literary Award for Bisexual Literature.


Publisher’s description: This book provides an accessible introduction to bisexuality studies, set within the context of contemporary social theory and research. Drawing on interviews conducted in the UK and Colombia, it maps out the territory, providing a means of understanding sexualities that are neither gay, nor lesbian, nor heterosexual.


Publisher’s description: Through interviews with a variety of bisexual men and women, *HIV Prevention and Bisexual Realities* uncovers innovative, important directions to consider for more effective HIV prevention strategies.


Publisher’s description: *Getting Bi* collects 220 essays from around the world that explore bisexual identity. Topics include coming out, relationships, politics, community, and more.


A lively collection of interesting essays – also a special issue of the *Journal of Bisexuality* – examines bisexuality and biphobia in several religious contexts. Several authors question the biphobia enacted as part of “gay-friendly” Christian initiatives. Authors also discuss sacred indigenous practices that resisted the homo/hetro dichotomy. The anthology also includes feminist, Buddhist, and neo-pagan perspectives.

Publisher’s description: [A] collection of short fiction, poetry, creative nonfiction, reflective essays, critical essays and visual art produced by cisgender and transgender bisexual, pansexual, polysexual and fluid queer men from the United States, Canada, Chile, India, Spain, Sweden and the United Kingdom.


This book won the Lambda Literary Award for Bisexual Nonfiction.


Chapters discuss bisexuality – implicit and explicit – in art films, exploitation flicks, mainstream bromances, and TV shows from the 1990s and 2000s. This book won the Lambda Literary Award for Bisexual Nonfiction and was a Bisexual Book Awards Finalist.


Serano, well known for her book Whipping Girl and examinations of trans-misogyny, discusses how mainstream feminist and queer groups exclude bisexual and transfeminine voices from their discussions.


This volume is a special issue of the Journal of Bisexuality.


The author references over a dozen well-known and obscure films to examine how men’s bisexuality serves as a metaphor for liberation.

This book was a finalist for the Lambda Literary Award for Bisexual Nonfiction.

2 Biography


Abse argues that Defoe’s novels, when read through a Freudian lens, give compelling evidence for Defoe’s bisexuality.


Publisher’s description: *Eros: A Journey of Multiple Loves* is a poignant memoir that explores the evolution of erotic love through the international and transcultural journeys of an extraordinary woman.


After dating women for her entire adult life, the author developed a crush on her yoga teacher. Azzoni writes about her one-night stands and her discoveries about dating men.


Bailey relies on a rich body of sources, including journals, to provide a detailed and affable account of author John Cheever’s life. This biography was a finalist for the Lambda Literary Award for Bisexual Nonfiction.

This memoir of bisexuality and feminism offers the author’s theories about women’s bisexuality. Baumgardner writes about her sexual and romantic encounters with men and women as well as the sexual climate of the 1990s. Look both ways was a finalist for the Lambda Literary Award for Bisexual Literature.


This book was a finalist for the Lambda Literary Award for Bisexual Nonfiction.


Winner of the Bisexual Book Award in Bisexual Non-Fiction. Winner of the Lambda Literary Award for Bisexual Literature.


Lambda Literary Award for Bisexual Nonfiction Finalist.


Lambda Literary Award for Bisexual Nonfiction Finalist.


This book won the Lambda Literary Award for Bisexual Nonfiction.


Lambda Literary Award for Bisexual Literature Finalist.

A scholar offers a first-person account of her search for primary sources about the flamboyant 19th century personality Gisèle d’Estoc, who was once presumed to be a hoax. The author paints a vivid life filled with orgies, duels, and revenge while examining d’Estoc’s story in the context of contemporary gender roles. *Finding the woman who didn’t exist* also offers interesting thoughts on the meaning of the practice of biography.


The author explores McKay’s FBI files and other primary sources to explore McKay’s Marxist affiliations and their influence on his early work. The biography also explores the queer background and motivations of McKay’s work.


Jones describes her travels across the world, particularly to Costa Rica. Her beautiful travel writing intertwines with reflections on other aspects of her life, including relationships with women and men. *Blind Masseuse* won the the Bisexual Book Award in the Memoir/Biography category.


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This book was a finalist for the Lambda Literary Award for Bisexual Literature.

A readable biography of Byron highlighting his many affairs with men and women. Though O’Brien’s writing is informed by careful study of Byron’s letters and biographies, her style is whimsical as she follows the poet’s passionate adventures across Europe.


Publisher’s description: In *Barriers to Love*, psychotherapist Marina Peralta uses her own life story to address the question of bisexual identity. Set in Mexico and California, Marina reveals how early sexual abuse led to sexual confusion in her adolescence.


This book was a finalist for the Lambda Literary Award for Bisexual Nonfiction.


*The Scientists* is a story of how we first learn from our parents and how we then learn to see them as separate individuals; it’s a story of how precociousness can slow us down when it comes to knowing about our desires and other people’s.


Publisher’s description: Patricia Highsmith, one of the great writers of twentieth-century American fiction, had a life as darkly compelling as that of her favorite "hero-criminal," the talented Tom Ripley. Joan Schenkar maps out this richly bizarre life from her birth in Texas to Hitchcock’s filming of her first novel, Strangers on a Train, to her long, strange self-exile in Europe.

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### 3 Acknowledgements

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