The Membership Committee welcomes you...

http://ala.org/sustainrt
Getting Real with SustainRT
June 29, 2018

An unrecorded conversation to share our nuanced thoughts & feelings about climate change
Why this conversation?

Clarity
Comfort
Courage
Container
Camaraderie
Our next hour together

Brief SustainRT update
Grounding exercise
Introductions/Check in
Discussion prompts
Check out
Support resources
SustainRT Board (starting 7/1):

Coordinator - Amy Brunvand
Coordinator-Elect - Uta Hussong-Christian
Outgoing Coordinator - Jodi Shaw
Secretary - Lisa Kropp
Treasurer - Ameet Doshi
Member-at-Large - Susan Conlon
Member-at-Large - Tina Chan
Membership

- Total Membership: 799
- 144% Increase since 2017
- Student Membership: 370
- 1270% Increase since 2017
Last week at ALA annual...

- The Rising Tide: How Libraries Sustain a Planet in Crisis
- SustainRT Lightning Rounds
- Business Meeting
- Presentation of Sustainability Task Force White Paper (see 2.7 for reference to SustainRT) Full report: bit.ly/2KhNfg5
Ways to get involved:

- Write a blog post
- Join a committee: Membership, Governance, Online Ed, Programming, Outreach
- Run for office
- Participate in virtual meetings, webinars, conversations
- Become a mentor/ee (in the works)
Grounding exercise

Dedicated to us...

a Community of Practice of library workers who are deeply concerned and acting on climate change in conjunction with many complex-intertwined-urgent issues
Introductions/brief check in

Please share your name.

Then share a few words or a sentence on how you are right now in body, mind and/or spirit
“If like me, you are hovering in the dark spaces between Kubler Ross’s bargaining, depression and acceptance, there is some comfort to be had in the words of Elizabeth West, in *Abandon All Hope!*. West boldly implores us to “abandon all hope that we can make things ‘right’ and give up the fear of what happens next.” I think I have the former part down; it’s the latter I am having trouble with.”
“If we want to make a harmonious, just, and sustainable future, we must do both the inner work of personal growth and the outer work of political activism. Our task is to transform ourselves and our world—simultaneously. It is time to recognize that the inner and outer work are interdependent and function best when they function together.”

-- Terry Patten. “What it really means to be ‘woke’: Radical activism is spiritual as well as political.” Salon. March 14, 2018
Prompt 1 - Tools for navigating

What helps you navigate grief/sorrow for the world or the paradox of holding hope and despair?
For example:

- Specific practices (on your own or with a group)
- Communities
- Reading/viewing/listening you recommend
Prompt 2 - Wearing masks

Do you feel the need to mask your true thoughts/feelings about climate change?

If so, when and why?

If so, when can you let your mask fall away?

Or...do you ever just “give up” trying to talk when people don’t seem to care?
Prompt 3 - Emerging narrative

What does your emerging narrative for the world sound/look/feel like…

For example:
- Words; phrases
- Images
- Emotions
- Intentions
Check out

Please share a few words or a sentence on how you are right now in body, mind and/or spirit.
Additional support

Hot lines -  https://www.mentalhelp.net

Facebook groups: Libraries Step Up (in times of crisis); Mindfulness for Librarians; Librarians are Champions of Healthy Communities; Trauma-informed Libraries

Safe Circle calls  carolyn@carolynbaker.net for reminder emails; 1st, 3rd, 5th Tuesday evenings

Work That Reconnects Network (Joanna Macy)
https://workthatreconnects.org

The Wild Edge of Sorrow: Rituals of Renewal and Sacred Work of Grief - Francis Weller

Council on the Uncertain Human Future - recorded conversations
https://councilontheuncertainhumanfuture.org

SustainRT Mentoring program...in the works, stay tuned
Thank you for adding your voice to today’s conversation