

Five Easy Steps for Sharing Books With Your Baby

1. Pick the best time

A time when you and your baby are in a good mood

2. Show Baby the book

Point to the pictures and talk naturally and cheerfully

3. Talk and have fun

Remember to touch and love your baby the whole time

4. Watch what Baby does

Let your baby play with the book if he wants to and stop for now if he gets upset

5. Share a book with your baby everyday

Even just a few minutes a day is important